

NMT Crane Hire Limited Ladder Safety Policy

Purpose

The purpose of this policy is to ensure the safe use of ladders in the workplace, minimizing risks and preventing accidents or injuries associated with ladder use.

Scope

This policy applies to all employees, contractors, and visitors using ladders on NMT Crane Hire Limited premises or during company-related activities.

Responsibilities

1. Management:

- Ensure ladders meet regulatory standards.
- Provide appropriate ladder safety training.
- Conduct regular inspections of ladders.

2. Employees:

- Use ladders safely and follow all guidelines outlined in this policy.
- Inspect ladders before use and report any defects.
- Attend mandatory ladder safety training sessions.

3. Supervisors:

- Monitor and enforce compliance with the ladder policy.
- Address unsafe ladder practices promptly.

Guidelines for Ladder Use

1. Selection of Ladders:

- Use ladders appropriate for the task and weight capacity.
- Do not use makeshift ladders or substitutes.

2. Pre-Use Inspection:

- Check for defects such as broken rungs, damaged rails, or missing feet.
- Tag defective ladders as "Out of Service" and remove them from use.

3. Safe Placement and Setup:

- Ensure the ladder is on stable, level ground.
- Secure the ladder to prevent movement.
- Maintain a 4:1 ratio for extension ladders (one foot away from the wall for every four feet of height).

4. Proper Usage:

- Always face the ladder while climbing or descending.
- Maintain three points of contact (two hands and one foot or two feet and one hand).
- Do not overreach or lean to the side while on a ladder.
- Do not exceed the weight limit specified on the ladder.

5. Environmental Hazards:

- Avoid using ladders in high winds or slippery conditions.
- Ensure proper lighting is available when using ladders.

Prohibited Practices

- Using a ladder for purposes other than its intended use.
- Standing on the top rung or cap of a ladder.
- Using metal ladders near electrical hazards.
- Modifying or repairing ladders without manufacturer approval.

Inspection and Maintenance

- Ladders must be inspected regularly and maintained in good condition.
- Any ladder showing signs of damage or wear must be removed from service immediately.

Training Requirements

- All employees must complete ladder safety training before using a ladder.
- Refresher training will be conducted annually or when new hazards or equipment are introduced.

Non-Compliance

Failure to comply with this policy may result in disciplinary action, up to and including termination of employment.

Policy Review

This policy will be reviewed annually or as required by changes in regulations or workplace practices.

Signed: *G White*

Director on behalf of NMT Crane Hire Ltd.

Date Approved:
09.12.2024

Next Review Date:
09.12.2025